

# Summer Semester 2018

## All classes eastern time

June 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 9:00PM Nutritional Issues	5 12:00PM Special Elective class: Food, Exercise and Mental Health 7:00PM Chemistry II	6 8:00PM Diet and Lifestyle #1	7 7:00PM Chemistry II 8:00PM Diet and Lifestyle #2	8	9
10	11 9:00PM Nutritional Issues	12 12:00PM Special Elective class: Food, Exercise and Mental Health 7:00PM Chemistry II	13 8:00PM Diet and Lifestyle #3	14 7:00PM Chemistry II	15	16
17	18 9:00PM Nutritional Issues	19 12:00PM Special Elective class: Food, Exercise and Mental Health 7:00PM Chemistry II	20 8:00PM Diet and Lifestyle #4	21 7:00PM Chemistry II	22	23
24	25 9:00PM Nutritional Issues	26 12:00PM Special Elective class: Food, Exercise and Mental Health 7:00PM Chemistry II 8:00PM Diet and Lifestyle #5	27 8:00PM Diet and Lifestyle #6	28 7:00PM Chemistry II	29	30

Diet and Lifestyle Classes:  
 Weds June 6 Science I  
 Thurs Jun 7 Science II  
 Weds Jun 13 Introduction to Diet and Lifestyle  
 Weds Jun 20 GI Disorders  
 Tues Jun 26 Musculoskeletal Disorders  
 Weds Jun 27 Diabetes/Alzheimer's Disease

Color Coding:  
 Classes offered as part of the Diet and Lifestyle Intervention Course: Purple  
 Classes offered as part of Nutrition Educator: Blue  
 Classes offered as part of How and Why to Withdraw from Psychiatric Drugs: Green

## July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 9:00PM Nutritional Issues	10 7:00PM Chemistry II 9:00PM Women's Health	11 8:00PM Diet and Lifestyle #7	12 7:00PM Chemistry II	13	14
15	16 9:00PM Nutritional Issues	17 7:00PM Chemistry II 8:00PM Diet and Lifestyle #8	18 8:00PM Diet and Lifestyle #9	19 7:00PM Chemistry II	20	21
22	23 9:00PM Nutritional Issues	24 7:00PM Chemistry II 9:00PM Women's Health	25 8:00PM Diet and Lifestyle 10	26 7:00PM Chemistry II	27	28
29	30 7:00PM Women's Health 9:00PM Nutritional Issues	31 7:00PM Chemistry II				

Weds Jul 11    Men's Health  
 Tues Jul 17    Women's Health  
 Weds Jul 18    Mental Health  
 Weds Jul 25    Cancer Treatment

## August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 8:00PM Diet and Lifestyle 11	2 7:00PM Chemistry II	3	4
5	6 9:00PM Women's Health	7 7:00PM Chemistry II	8 8:00PM Diet and Lifestyle 12	9 7:00PM Chemistry II	10	11
12	13 9:00PM Women's Health	14 7:00PM Chemistry II	15 8:00PM Diet and Lifestyle 13	16 7:00PM Chemistry II	17	18
19	20 9:00PM Women's Health	21 7:00PM Chemistry II	22 8:00PM Diet and Lifestyle 14	23 7:00PM Chemistry II	24	25
26	27 9:00PM Women's Health	28 7:00PM Chemistry II	29 8:00PM Diet and Lifestyle 15	30 7:00PM Chemistry II	31	

Weds Aug 1    Cardiovascular Disease  
 Weds Aug 8    Autoimmune Disease  
 Weds Aug 15    Vaccinations  
 Weds Aug 22    Children's Health  
 Weds Aug 29    Obesity and Weight Loss

