

# Winter Semester 2024

January 2024 Note: All times eastern						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24 7:00PM Diet and Lifestyle: Science of Nutrition I	25	26	27
28	29	30 8:00PM Nutr Ed: GI Disorders #1	31 7:00PM Diet and Lifestyle: Science of Nutrition II			

## February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 8:00PM Nutr Ed: GI Disorders #2	7 8:00PM Diet and Lifestyle: Intro To D&L Practice	8	9	10
11	12	13 8:00PM Nutr Ed: GI Disorders #3	14	15	16	17
18	19	20 8:00PM Nutr Ed: GI Disorders #4	21 8:00PM Diet and Lifestyle: GI Disorders	22	23	24
25	26	27	28 8:00PM Diet and Lifestyle: Cancer	29		

## March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 8:00PM Nutr Ed: GI Disorders #5	6 8:00PM Diet and Lifestyle: Men's Health	7	8	9
10	11	12	13 7:00PM Diet and Lifestyle: Musculoskeletal Disorders	14	15	16
17	18	19 8:00PM Nutr Ed: GI Disorders #6	20 8:00PM Diet and Lifestyle: Autoimmune Disorders	21	22	23
24	25	26	27 8:00PM Diet and Lifestyle: Cardiovascular Disease	28	29	30
31						

## April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 8:00PM Nutr Ed: GI Disorders #7	3 7:00PM Nutr Ed: Psychology I #1 7:00PM Diet and Lifestyle: Women's Health	4	5	6
7	8	9 8:00PM Nutr Ed: GI Disorders #8	10 7:00PM Nutr Ed: Psychology I #2 8:00PM Diet and Lifestyle: Diabetes/Alzheimer's Disease	11	12	13
14	15	16	17 7:00PM Nutr Ed: Psychology I #3 7:00PM Diet and Lifestyle: Overweight/Obesity	18	19	20
21	22	23	24 7:00PM Nutr Ed: Psychology I #4 8:00PM Diet and Lifestyle: Objective Look at Vaccines	25	26	27
28	29	30				

## May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 7:00PM Nutr Ed: Psychology I #5  7:00PM Diet and Lifestyle: Psychological Disorders	2	3	4
5	6	7	<b>8</b> 7:00PM Nutr Ed: Psychology I #6  8:00PM Diet and Lifestyle: Children's Health	9	10	11
12	13	14	<b>15</b> 7:00PM Nutr Ed: Psychology I #7	16	17	18
19	20	21	<b>22</b> 7:00PM Nutr Ed: Psychology I #8	23	24	25
26	27	28	<b>29</b> 7:00PM Nutr Ed: Psychology I #9	30	31	

Note the 10<sup>th</sup> class in the Psychology I series will be taught on June 5 at 7PM eastern